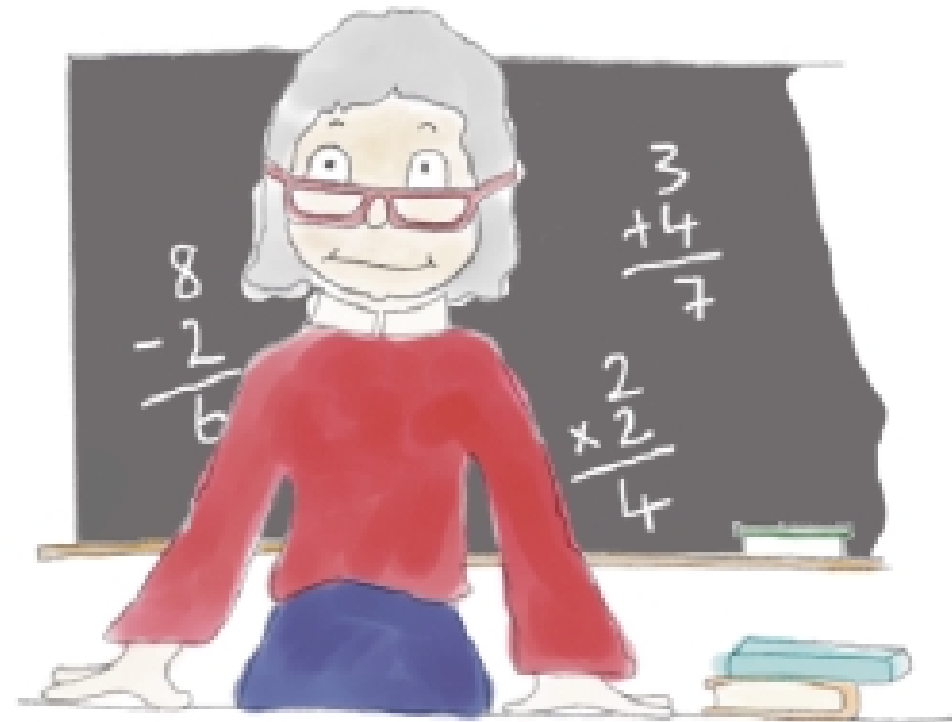
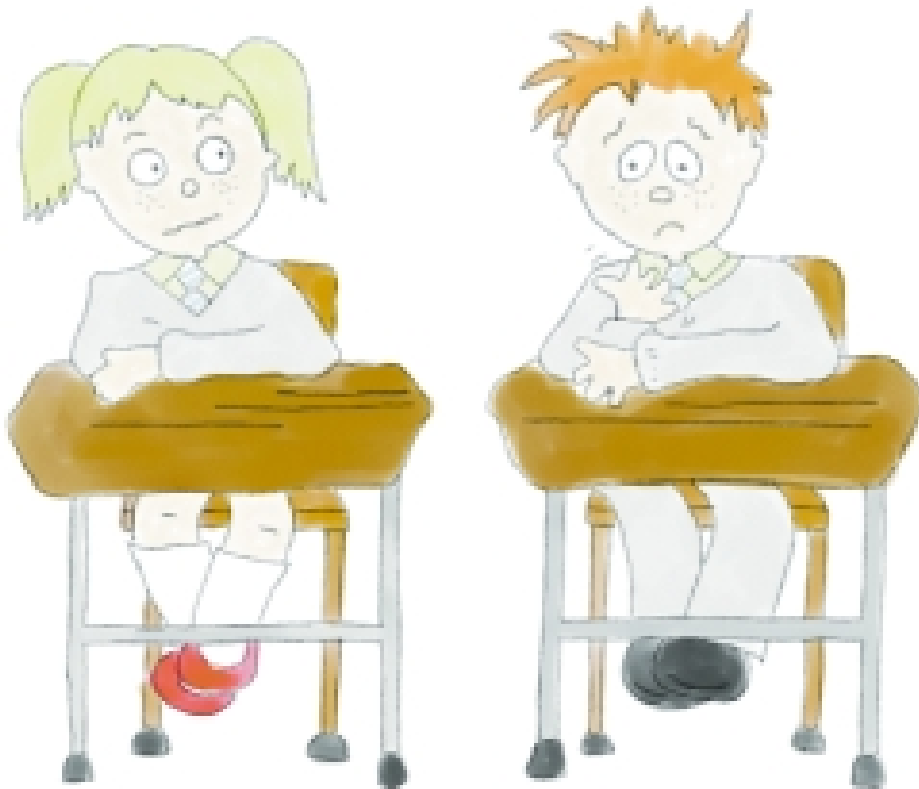


Eddie's Eczema



Aoife: "What's wrong Eddie?"

Eddie: "I'm itchy because I've got eczema".



Teacher: "Eddie tell us about your eczema".

Eddie: "I have a rash which is red and itchy especially if any baddies get near it".

Aoife: "What are baddies?"



“Well when I get hot, especially in bed at night,
my skin gets very itchy



or if I use soap or
bubble bath my skin
gets very dry”

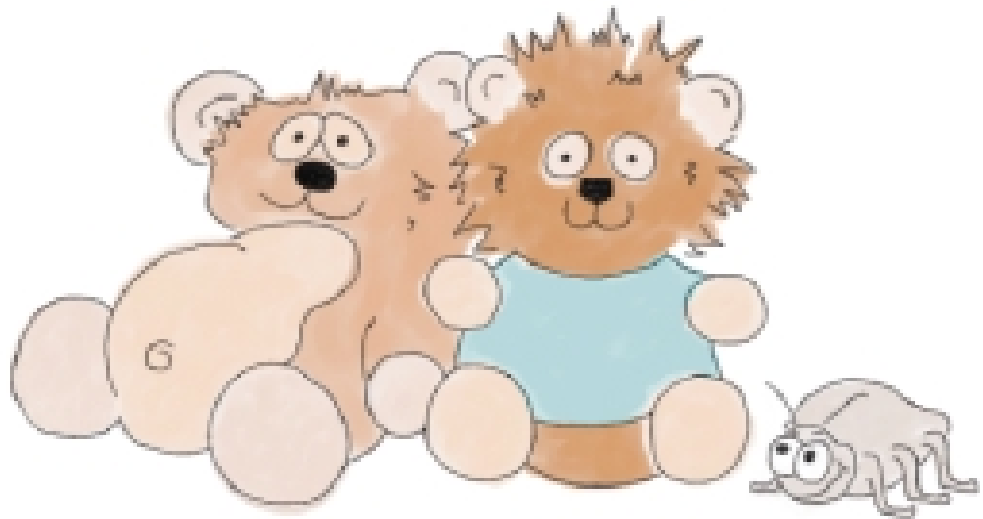
Wool is really scratchy



And if it gets infected it's awful.

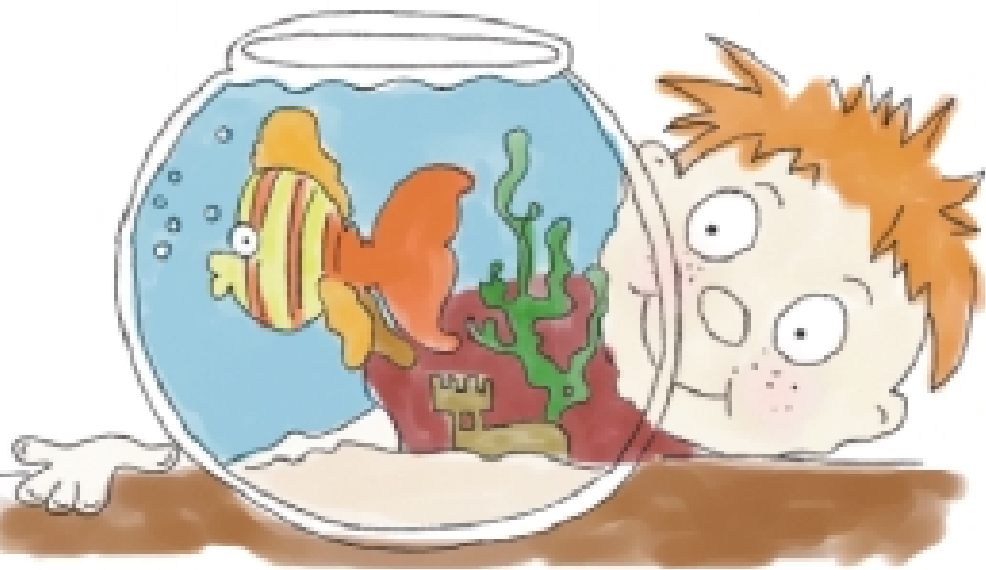


Mum and Dad have to be really careful not to kiss me if they have a cold sore, as that will make me even worse.

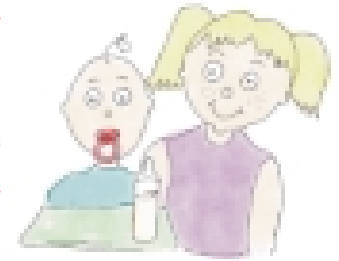


Also there is a baddie called "the house dust mite" and he lives in furry toys and dusty places.

I can't have cats or dogs
but I can have really cool fish.



Aoife: "My baby
brother has
eczema and he
drinks funny
milk. Do you?"



Eddie: "Ah no. When I was small, milk made me
worse but now I can eat and drink everything".



Gavin: "Gosh eczema sounds sore, I'd hate to have that".

Eddie: "Ah but there's lots I can do to make my skin better.

Mum and Dad brought me to a dermatologist".

Gavin: "What's that".

Eddie: "She's a doctor who minds your skin".



Eddie: " I thought she was going to do terrible things to me but she was really nice and told me all about my rash".



"Then her nurse showed me magic ways to make my skin better myself".

Gavin: "Like what?"

“Well, I keep away from baddies and have a lovely oily bath every night”.



Mum and Dad help me wash my skin with cream instead of soap. Then they gently pat me dry and put magic cream on the itchy parts”.



Gavin: “Could I catch that rash?”

Eddie: “No silly”.

Aoife: “Can you go swimming with eczema?”

Eddie: “Yes, there’s nothing I can’t do”.



Teacher:
“That’s a great story Eddie.”



So eczema is really not that bad after all if you know what to do”.

Eddie's Eczema

was written by
Rosemary Coleman MD FRCPI
Consultant Dermatologist, Mount Carmel Hospital and
Marion Flynn RSCN SRN
Specialist Dermatology Nurse, Children's Hospital Temple Street

Design and illustrations by Paula Quigley, MedMedia Campaign

kindly sponsored by LEO Laboratories, Dublin

