



Acid . LSD

**What is it?** Acid is an hallucinogenic drug which comes either in pill form or impregnated on a piece of blotting paper. It is sometimes known as trips, tabs, or by the designs that appear on the pills or paper, for example strawberries. It originally became popular during the sixties, and is now sometimes used within the rave scene.

**The highs** Depending on the strength of the drug, its effects can last from 6 to 24 hours. Because it is an hallucinogenic drug, users see and hear unreal illusions. Feelings, sensations and emotions are intensified.

**The lows** Because all feelings are heightened, any fears, doubts or anxiety will be exaggerated and this can be quite frightening for the user. They can be left feeling extremely paranoid and anxious and there is no way of getting rid of this until the effects wear off. Some medics have claimed that those bordering on mental illness can become disturbed much more easily if they take this drug.

Health Promotion Unit.